



ANNUAL REPORT 2017-2018





NASHWAAK VILLA

67 Limekiln Road, Stanley NB E6B 1E9
(506) 367-7731 info@nashwaakvilla.ca

MISSION STATEMENT

We provide nursing home services to individuals in a safe, homelike environment by ensuring their quality of life is as rich as possible.

We emphasize a warm, friendly atmosphere, as close to home as we can make it, where families feel welcome to come often and visit. We strive to maintain the dignity and individuality of each resident while meeting their physical, spiritual, psychosocial, and emotional needs.



PLANETREE



Nashwaak Villa Nursing Home

Executive Message

Wow. What a wonderful ride our 2017/18 year has been! In preparing this year's executive message, we found it difficult at first to find words to describe all that has taken place at Nashwaak Villa. Upon reflection, we noticed a common theme woven throughout, one word to sum up our experiences: COMMUNITY.

There are many definitions of community, but the two most common read like this:

1. a group of people living in the same place or having a particular characteristic in common.
2. a feeling of fellowship with others, as a result of sharing common attitudes, interests, and goals.

2017/18 was a year that saw countless examples of the strengthening and coming together of community. Starting within our Nashwaak Villa community of neighbors, family members and staff, and the greater community in Stanley, we saw the immense strength in our 'small but mighty' corner of the world with overwhelming support for the Bus Campaign and the launch of our new Nashwaak Villa Foundation. From the very first moment, we were truly in awe of the coming together of so many individuals and groups to support us in our dream. This support of course came in the financial sense, but moreover the support of love and encouragement that came through from each and every corner of our community was equally profound.

It was also energizing to watch as our local community continued to embrace all of our many ongoing progress initiatives and projects throughout the year (and there were MANY as you will see in the reports to follow!) with such enthusiasm and positivity.

We also saw a strengthening of community for Nashwaak Villa staff on the provincial and international stage in 2017/18. We were honored to present our very first ever initiative at the Planetree conference in Baltimore, in front of professionals from all over the world. In addition, we began to truly embrace our journey toward a Person Centred Culture, along with many colleagues from around New Brunswick, and within our own internal team at Nashwaak Villa we have built a strong community of support for the Planetree values and objectives. We also expanded our community 'across the pond' in a collaboration with the True Doors team in The Netherlands.

As we reflect on and celebrate a year of tremendous success and so many reasons to be grateful, we must acknowledge the contributions of countless individuals and groups who are part of Nashwaak Villa's story. We are so happy that year after year, these folks are expanding exponentially in numbers and as our community grows, so does our strength and our potential. Not one individual or group goes unnoticed and every single connection to us makes a difference.

To our neighbors and families: you are the reason we do what we do with such passion and it is our privilege to provide care for each and every one of you in your home. We learn so much from the many wonderful relationships we form with you.

The dedication, skill and passion illustrated time and time again by our staff to our neighbors' and families' care and well-being is what ensures that Nashwaak Villa is such a wonderful home, as well as a fantastic place to work – we truly have an amazing team!

To our wonderful board members and volunteers, and our generous donors and community partners: we want to thank each of you for your continued support, wisdom, ideas and contributions. So much of what we achieve as an organization is as a direct result of your efforts.



Nola Carr
Board Chair



Daphne Noonan
Executive Director

Message from the Director of Care

This is a wonderful and exciting time to have an active role in changing the culture of long-term care; and even more exciting time to be the Director of Care at Nashwaak Villa. As the Director of Care, I am proud to help lead the development of our person-centered culture by ensuring our neighbours' voices are heard and to create opportunities for our staff to know that they do make a difference in the lives of our neighbours every day. Culture change takes time and I am extremely proud of our staff at Nashwaak Villa as each day I observe the difference each one of them make in the lives of our neighbours, and their commitment to continuous quality improvement and to working together to create a person centred community.



Melody O'Neill
Director of Care

I began my role as Director of Care at Nashwaak Villa halfway through the 2017/2018 year and was honoured to follow the wonderful leadership of Sherry Holder, who made significant contributions in leading our care team in implementing leading practices in care planning and in person centred care. In the time since I began, I have learned so much about my role as Director of Care. I have had many learning experiences and I know I will have many more in the future. I have been fortunate to have Daphne Noonan, Executive Director, to mentor me throughout this first year. Daphne is a role model for me in helping me see the future of long-term care in a different light and the courage to take on projects that I would never have dreamed of during my first year. The past year has gone by so quickly, we have accomplished so much and yet we still have so much more to do.

I am so happy and looking forward to continuing my journey as Director of Care at Nashwaak Villa. I know that I have much to learn, however being surrounded by good people make the mountains before us turn to mole hills. As stated above, this IS a wonderful and exciting time to be a part of the Nashwaak Villa team!

Nashwaak Villa Board of Directors

Nola Carr - Board Chair

Joanne Forbes - Vice- Chair

Alan Robertson - Treasurer

Peggy Anderson - Director, Helping Hands Committee Representative

Barbara MacDonald - Director, Village Council Representative

Judy Richardson - Director

Twila Ryan - Director

Brent Sansom - Director

Stephanie Seymour - Director

Barb Wilkins - Director

Carol Wilson - Director

Vacant - Director

NASHWAAK VILLA INC.

Summary of Financial Position

March 31, 2018, with comparative information for 2017

	2018	2017
Assets		
Current assets	\$ 464,216	\$ 520,444
Long-term assets	8,377,465	8,520,011
	\$ 8,841,681	\$ 9,040,455
Liabilities, Deferred Contributions and Net Assets		
Current liabilities	\$ 871,882	\$ 593,546
Long-term liabilities	7,900,897	8,278,812
Net assets	68,902	168,097
	\$ 9,040,455	\$ 9,040,455

Summary of Statement of Operations and Statement of Changes in Net Assets

Year ended March 31, 2018, with comparative information for 2017

	2018	2017
Revenues:		
Residents:		
Subsidy - Department of Social Development	\$ 2,804,535	\$ 2,793,224
Private pay	74,608	87,876
Subsidized residents' share	559,933	551,829
	3,439,076	3,432,929
Interest, amortization, recoveries, and donations	135,465	276,777
	3,574,541	3,709,706
Expenses:		
Care services	1,311,901	1,345,543
Activity	76,100	70,301
Administration	410,706	396,725
Dietetics	370,519	307,259
Laundry and linen	24,756	25,894
Housekeeping	196,496	193,247
Plant operations and maintenance	459,793	456,207
Employee benefits	230,072	254,318
Amortization of capital assets	265,151	265,656
Interest on long-term debt	328,242	341,440
	3,673,736	3,656,590
Excess (deficiency) of revenues over expenses	(99,195)	53,116
Net assets, beginning of year	168,097	114,981
Net assets, end of year	\$ 68,902	\$ 168,097





Planetree Report

PLANETREE

The Planetree person centered care model, adopted by Nashwaak Villa in July 2016, continues to shape the culture of our home. The Steering Committee and Planetree Education Committee continue to lead these changes with guidance from Nashwaak Villa management and Planetree's Director of Member Experience, Jim Kinsey.

Education Committee

By January 2018, over 90% of staff completed the meaningful, 1-day retreat facilitated by the Planetree Education Committee. In addition to leading staff retreats, the education committee hosted a ½ day retreat for Stanley High School students in March 2018, during which the students learned about the many aspects of person centered care. The education committee is making plans to host retreats for resident family members in the near future to continue to spread knowledge about the Planetree model of person centered care and to receive valuable feedback from residents and their families.



Steering Committee

The Steering Committee has been working on several projects over the past year to improve the atmosphere at Nashwaak Villa, giving a more home-like feel. In July, 2017, the True Doors project began. The project started through a partnership with an organization from Holland (True Doors) who specializes in making custom door decals to create personalized 'front doors'. The door decals are created using pictures of actual doors and are proven to stimulate the wellbeing of seniors living in care facilities such as nursing homes. Specifically for residents with dementia, the doors create better wayfinding as the residents can recognize their unique front doors, finding them easier and feeling more at home. The personalized doors also provide an opportunity for residents to be involved in the selection process and have choice over their door. The doors can be made to look like a door from the residents' past, bringing back memories and opening dialogue about stories from residents' past. The project has been a labour of love for staff and residents of the Nashwaak Villa and the end result is something that everyone is very proud of. With the new door decals in place, the hallways at the Nashwaak Villa feel so warm and welcoming; it truly feels more like home.



One of the Steering Committee's goals this year has been to improve the dining experience. The committee agreed that the dining atmosphere needed to be improved and as such found second hand china cabinets to place in the dining room to give a more home-like feel. The new cabinets are in the dining room to proudly display the many china cups that have been donated to the Villa. In addition to the new cabinets, the Steering Committee responded to feedback from residents during resident council and has purchased new dishware with a less institutional appearance and feel. The committee is continuing to work on the dining experience project and is excited to introduce new changes in the coming year.

The Steering Committee has also been working on improving the admission process for new neighbours at Nashwaak Villa. This process started with the implementation of Welcome baskets featuring a welcome letter, a poem written by one of our residents, toiletries, and information about mealtimes and Nashwaak Villa departmental phone numbers. The committee plans to continue working on improvements to the admission process in the coming year.

In September 2017, the committee started a staff recognition program - Planetree Champion. Each month staff has the opportunity to nominate their co-workers for going above and beyond in some way. At the end of the year, 1 of the 12 Planetree Champions will be randomly selected to attend the Planetree Conference to be held in Boston in October 2018. These nominations are proudly displayed each month in our staff lounge.

In January 2018, the Steering Committee initiated a memory scrapbook in which pictures of our residents who have passed will be placed along with space for staff, volunteers, and visitors to write fond memories. This memory book will be displayed at the annual memorial service held in May each year.

Staff Wellness

In February 2018, a Staff Wellness Group was formed as a branch of the Steering Committee. Staff members volunteered to join and began planning monthly wellness initiatives to improve the health of our staffs minds, bodies, and spirits. Some of these initiatives have included a Paint & Sip class, complimentary on-site mini-massages from massage therapy students, a self-guided reiki session, new picnic tables for staff use, and healthy snacks to sample.

Planetree International Conference: Baltimore

In October 2017, six staff members had the opportunity to attend the annual Planetree conference in Baltimore, MD. This year's conference attendees were present for the awards dinner at which our cats, Callie and P.J. were given animal therapy awards.

In addition, we were proud that Nashwaak Villa's activity director, Rachel Reid, teamed up with the Director of Operations at Loch Lomond Villa to conduct a poster presentation on the therapeutic benefits of our cuddle therapy program at this year's conference.

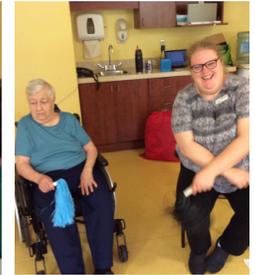
We were also very moved to be present to witness our colleagues from Carleton Manor in Woodstock receive their Gold Designation from Planetree – we were so proud of them and honored to be able to celebrate their 6 years of hard work and commitment to Person Centred Care culture. It is such a wonderful feeling to be part of a growing group of leaders in this field in New Brunswick.



The Planetree committees are ready to continue their person-centered improvements with various initiatives from admission to dining and are looking forward to receiving feedback from residents and their families regarding these upcoming projects.

Nashwaak Villa Music Therapy Program

Submitted by Megan Mollins BMT, MTA
Certified Music Therapist



2017-2018 has seen Nashwaak Villa's music therapy program continue to flourish, aligning perfectly with the Villa's overall holistic and person-centered approach to caring for those who call it home. Many benefits have been seen within the program over the course of the past year, within both group and individual sessions. The following are a few anecdotes shared by our Certified Music Therapist, Megan Mollins of Arpeggio Music Therapy:

A favourite group amongst the residents is the morning "Fun 'n' Fitness" movement group. By participating in this group, residents are working to improve their fine and gross motor abilities in different regions of the body. Exercises are tailored by the music therapist to suit the needs of the residents participating in the group. Staff members of the Villa have also participated in these groups and are really great dance partners for the residents! We have a great time dancing and "rocking out" to Bill Haley & His Comets, Don Messer, Creedence Clearwater Revival, Elvis Presley and Johnny Cash.

During the holiday season, the resident-named "Ding-A-Lings" Handbell Choir participated in a performance at the annual Christmas Party after much preparation during practice sessions. The goals of this group are to facilitate social interaction between the residents, and to improve cognitive functioning, as this group activity requires a heightened level of prolonged focus and processing multi-step instructions. The residents showed a great sense of pride and accomplishment throughout the process of creating the music together.

Each music therapy session at the Villa is tailored to the residents' musical preferences. By incorporating the residents' favourite music, the therapist gives opportunity for the residents to participate in reminiscent dialogue. This engages and stimulates long-term memory recall and has potential for connecting past memories with current events. One song that is a particular favourite of the residents is How Much is That Doggie in the Window. Everyone enjoys singing to it, and improvising the doggie's barking throughout the song. It is wonderful to witness the joyful reactions evoked by music!

In the summer months of 2017, the residents enjoyed spending time with the children and youth from the Villa's summer camps during music therapy time. The highlights of their time together included "movin' and groovin'" in the Fun 'n' Fitness movement group and working together to play music-themed games including "Music Pictionary" and "Music Jeopardy". Both of these activities are designed to aid in increasing cognition through memory and are designed to fit the needs and preferences of both the residents and day campers alike. This intergenerational approach promotes socialization for both the residents and the children. Music, the universal language, has an unrivaled ability to bring people together regardless of a detail as small as age. It has been a joy to be part of these camps!

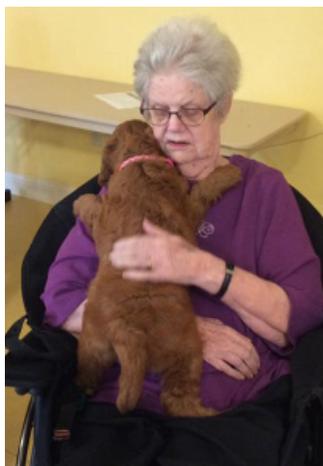
Throughout the year, individual sessions have continued to be a major part of the music therapy program. These individual sessions give the opportunity for residents to participate in music therapy if/when they are not able to participate in group music therapy sessions. These individual sessions are tailored to meet the specific needs of each resident, and goals can include, but are not limited to: improving or maintaining long- and short-term memory recall, enhancing gross and fine motor movement abilities, fostering verbal and non-verbal communication skills and stabilizing/increasing respiratory control.

The music therapy program has flourished over the past year, encompassing the movement groups mentioned above, vocal groups, relaxation groups and individual sessions. Several family members and friends of the residents have attended groups alongside the residents when visiting and will continue to be welcomed into the music therapy experience. Participating in sessions alongside a loved one helps to foster bonds and provide added meaning to the experience for residents. The music therapy program is not only goal-oriented and beneficial for the residents; it's an enjoyable experience for everyone!

Thank you to Nashwaak Villa's staff and Board of Directors for the continued support of this wonderful program!

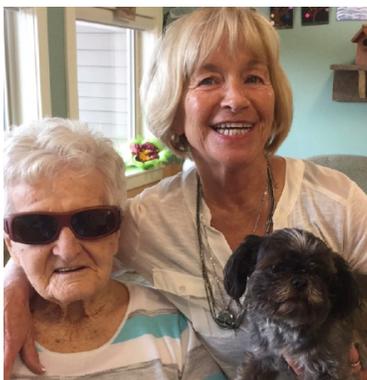
Animal Therapy Program

In 2017/18 we saw our Animal Assisted Therapy program grow a little more, with the addition of regular visits from Angela and her Golden Doodle puppies from King's Doodles. These beautiful pups with their gentle temperament have brought many smiles to our residents, staff and to anyone who has the good fortune to stop in on a day when the newest 'babies' are visiting! Thank you so much to Angela for her commitment to implement this amazing program.



We also had a few visits this year from a very special visitor, Oreo the goat! Thanks to Melody O'Neill, our Director of Care, for sharing Oreo with us :)!

Our resident kitties, Callie and PJ, still never cease to entertain us! And they are also terrific at knowing just who might need some extra comfort and love as well



Of course we are always so happy to see our returning canine friends upon their regular visits as well. Thank you to all of our veteran Therapy dogs and their owners for the joy they bring to our home with each visit!



Intergenerational Programming

Throughout the school year, we were thrilled to have a total of 16 junior volunteers that came on a regular basis and 5 junior volunteers that also come on occasion. Our program runs Monday-Friday from 3:30-6pm. The children get off of the bus at the villa and come in and assist with different activities and events with the residents.



In June, our first ever Junior Volunteer Appreciation event was celebrated with the mac shack on site. Awards ceremony for the junior volunteers followed by supper and ice cream from the mac shack.

The summer months were busy with our 2nd annual summer camp program. We had a total of 24 different campers throughout the summer. The children came Monday-Friday from 9am-4pm, and half day on Friday. Each Friday, they ended their week with an awards ceremony and talent show for the residents



Helping Hands Committee Members 2017/18

Caroll Dunphy,
Committee President

Irene Colford,
Committee Vice-President

Peggy Anderson,
Treasurer &
Helping Hands Representative
to Nashwaak Villa Board

Sandra MacBean,
Secretary

Heather Logan

Heather Thomas

Steve Everett

Nancy MacFarlane

Lee Isaacson

Doug Bird

Nancy Gill

Betty MacGillvary

Bev Pinnock

Stella Bartlett

Lorna Belyea

Lorna Pinnock

Myrajane Dysart

Lynn Levesque

Debbie Lacey

Carol Wilson

Helping Hands Committee

The leadership and hard work of the Helping Hands group does not go unnoticed by us, as we see each and every day the examples of their support as they:

- Keep the Gift shop open from 10am-4pm, Monday through Friday;
- Sell tickets and holding a monthly draw on a number of beautiful gift baskets, often themed for the season;
- Co-lead, along with the Nashwaak Villa board, the annual Christmas Tree Campaign;
- Engage in 1:1 visits with our residents while working in the gift shop, playing cards & board games or reading, and simply visiting with residents.

In 2017/18, were so grateful for the dedication and support of our Helping Hands committee. This group of dedicated volunteers add so much to our home, not only through their fundraising efforts to raise funds to improve our residents' quality of life, but also by being here every day interacting with our residents, visitors and staff. It is such a pleasure to see their smiling faces at the gift shop when arriving at Nashwaak Villa. We are truly grateful for their generosity and thankful for them each and every day.

Over the last year, this wonderful group came together to provide a tremendous amount of support and focus for the Nashwaak Villa Bus Campaign. It goes without saying that we were overwhelmed by the numerous ways that they helped raise funds for this important cause, including the generous gift of Aeroplan Miles from Carroll Dunphy for our airline lottery, and ticket sales on 2 gift baskets that were dedicated to the bus campaign.

Of course, they did not stop there! In addition to supporting the bus campaign, the Helping Hands group also provided funds to support a number of initiatives in 2017/18, and our residents have benefitted tremendously from their work through the following projects that they have funded, including:

- Contributing \$2000.00 to our Music Therapy Program's annual costs
- Purchasing a Broda Chair for our residents in need of comfort, so that those residents do not need to remain in their beds all day.
- Providing funds for residents in need for personal care items such as hair care
- Assisting us to champion and revamp the annual Christmas Light Campaign to include more options for giving, with the addition of Candy Cane Lane and Wreath Bulbs on the main wreath at the front of the building.

Our gift shop is open from 10am-4pm, Monday through Friday, and we now have debit! They carry many great items that could be used for gifts such as the 'ever-popular' Salt Lamps, as well as soaps, jewelry and other items made by creative local business owners from the Stanley area. We would encourage all community members to stop by and visit to see these wonderful volunteers in action!



A year of firsts in Fundraising for Nashwaak Villa

2017/18 brought many moments to be proud of for our organization as we embarked, with humbling support from the community, on a number of changes in our approach to Fund Development...

New Nashwaak Villa Foundation

After an announcement of its formation at the AGM in September of 2017, we spent the latter half of the year completing the legwork of setting up a new fundraising arm for our organization, the Nashwaak Villa Foundation. This involved creating by-laws, forming an inaugural board of directors for the foundation, registering the corporation, and applying to CRA for charitable status. At the time of writing, the new foundation board is awaiting the approval of its charitable status from CRA.

The foundation's main purpose going forward will be to secure regular funds to augment funding available through government dollars. Its existence will bring many opportunities to Nashwaak Villa in terms of fundraising options and will ensure that all of our stewarded funds will be dedicated to the purposes for which they are intended – to improve the quality of life for our residents and the Nashwaak Villa community as a whole.

Our first major fundraising campaign – the campaign for a bus!

After an announcement at the Annual General Meeting on September 25th of the formation of a new Foundation, a bus campaign for a wheelchair accessible bus was named as the inaugural fundraising project for the foundation. The goal of the campaign was to raise funds to purchase and maintain a bus which will enable residents of the Nashwaak Villa to go out into the community and surrounding areas for various events and outings. These outings will enhance the social, cultural, leisure, and spiritual interests of residents promoting their overall well-being.

The bus campaign kicked off at the 2017 AGM with a \$1,000 donation from Gail Gullison & family. Nashwaak Villa resident, Gail Gullison inspired Nashwaak Villa to pursue the goal of attaining a bus with her own determination in raising money, long before the campaign had been announced. The first official fundraising event of the campaign was a community breakfast held at the Nashwaak Villa on September 30th. Throughout September, residents of Nashwaak Villa were busy making preserves using produce from their summer garden to sell at the breakfast along with baked goods donated by community members. The breakfast brought in a total of \$4,000 towards the bus campaign.



In November 2017, the first official meeting of the Bus Campaign Committee was held with former board chair, Theresa Bird acting as committee chair. The committee quickly began to form a plan for raising the necessary \$38,000 needed to pair with the \$60,000 contributed from Nashwaak Villa's financial reserve funds. The committee sent letters to local businesses and presented to local groups on the purpose and value of purchasing a bus for Nashwaak Villa residents. Donations were received from various community groups and community members helping us get closer and closer reaching our goal.

Also in support of the campaign, the Helping Hands group of Nashwaak Villa organized a gift basket raffle with several goodies inside. The basket was raffled off just in time for Christmas. In addition to the Christmas Basket draw, Nashwaak Villa was moved by the generosity of one volunteer, Caroll Dunphy of the Nashwaak Villa Helping Hands Committee. Caroll graciously donated Air Miles for two plane tickets to anywhere in North America. With this wonderful gift, the Helping Hands committee, with the support of a few staff members, sold tickets raising \$7,000 for the bus fund.

In February 2018, we received donations from a few key contributors – the Nashwaak Lion's Club, Cox & Palmer, and community member Mr. Pat Flynn. In addition to these donations, the Nashwaak Curling Club announced they would be holding a Chase the Ace fundraiser, of which a percentage of their profits will be given to the bus campaign. These contributions helped us reach our fundraising goal of \$38,000, prompting the campaign committee to re-brand, continuing to fundraise for ongoing maintenance and fees associated with the bus. (With the campaign goal reached, the committee began working on plans for the buses arrival, set to be April 10th, 2018, including recruiting bus drivers and organizing an event to celebrate the arrival of the bus for June 2018. The committee also accepted the opportunity to fundraise at the Stanley Fair in August by operating the canteen.



Bus Committee Members

- Andrew MacFarlane**
- Caroll Dunphy**
- Daphne Noonan**
- Jenna Whitlock**
- Julie McMullin**
- Ken McGeorge**
- Mary Hay**
- Theresa Bird (chair)**
- Twila Ryan**



Activity Department

Over the course of the year, we were so grateful to have a tremendous amount of support for fundraising initiatives put on by our Activity Department. Many may not realize that while we do receive some government funding for our various resident activities and events, it is often a challenge to accomplish the many creative things that we want to do for and with our residents within the allocated budget. We are so thankful for the support of a strong team of volunteers and staff, and residents, who support the efforts to put on smaller fundraisers throughout the year. We always have fun doing these types of events, but they are hard work and it is so much more fun to be working with a wonderful team of giving people to make it happen. Rachel Reid would like to offer a tremendous THANK YOU to all those who supported these events for the Activity Department in 2017/18:

- In April of 2017, we held our first ever pizza sale in support of Nashwaak Villa's Activity Department. This event was fully supported by volunteers and raised over \$1000.00 to go toward our activity department!
- In December we held a fundraiser for the activity department and sold sweet trays. Barbara Bourque made enough sweets to accommodate 100 sweet trays. These were all boxed up by our volunteers Barb Bourque, Kandis Sampson, Mary Hay and Rachel Reid. From these efforts we were able to raise a little over \$1500.00 for the Activity Department.





A YEAR IN THE LIFE OF

It is nearly impossible to capture all of the fun and exciting things we get up to in the run of a year! Here are just a few highlights from daily life at the Villa!

April 2017

We finished off our project of baby hats made for the NIC Unit at the Dr. Everett Chalmers hospital. We were very proud that between our residents, staff, board members and volunteers we were able to donate 150 baby hats to donate for the nursery!

May 2017

The highlight of the month was our annual Mother's Day tea, with over 100 guests in attendance. The music was provided by Valley Sound, and for refreshments we served tea in our fancy china, sandwiches, sweets and assortment of finger foods.

June 2017

We planted our vegetable garden. Cucumbers, peppers, tomatoes, squash, beans.

We held our annual Father's Day BBQ with over 75 guests in attendance. Rick Bartlett and John Fraser provided our music for the night.

Also in June, we said farewell to our co-op students as they each went off to a new chapter following their graduation. We had 4 co-op students join us from Monday -Friday 12pm-3pm from February- June. We love to see these young folks coming and getting to know them at such an exciting time in their lives!



October 2017

We held our annual program and Helping Hands volunteer appreciation, with 50 in attendance. We invited our guests to come in to have a nice lunch (Caesar salad, feta spinach stuffed chicken, roasted potatoes, carrots and cheese cake for the meal.

We also made 100 treat bags for our spooks for Halloween, we had around 85 spooks to come in and visit us on Halloween.

November 2017

We once again held a very moving and beautiful Remembrance Day service provided by Beaverbrook Branch #80. The residents also enjoyed a nice steak house supper that evening.

Also in November, Steve Everett donated a large ring for a wreath. This wreath was displayed at the Upper Miramichi Regional High School while Steve was principal, and when he transferred to Stanley the wreath came along with him and he generously donated it to the Villa. Steve collected all the fur tips for the wreath and a group of volunteers and residents got together and tied the fur tips to the ring and string lights. It was a great day for our residents and volunteers to work on this project together, and even better to see the wreath proudly displayed as part of our Christmas Lights campaign!

NASHWAAK VILLA

July 2017

Local outing to Irene Colford's to view her beautiful flower garden and vegetable garden. We sat on her big veranda for the afternoon and enjoyed fresh rhubarb punch.



August 2017

We attended the Stanley Fair, with the help of Central NB Nursing home. They provided us with transportation for our residents who were wheel chair accessible. We had a total of 12 residents visit the Stanley Fair and tea party.



September 2017

We did lots of pickling from all of our garden goodies. We made over 200 jars of sweet mustard pickles (a recipe from a past resident), salsa and chow chow. These were made with the veggies were grown from our garden on site!

On Sept 30th we had our first bus fundraiser was our annual fall breakfast. We served well over 100 breakfasts that morning and sold many bottles of our preserves.



December 2017

With the early part of December came lots of decorating and preparations for Christmas! We started the Christmas season off with an open house on December 10th from 2pm-4pm) We provided a light lunch for our guests of different Christmas sweets and assorted sandwiches and gave a beautiful tour of our beautiful decorated building.

We also decorated one of our big trees this year in honor of Canadas 150th birthday. We had over 2000 lights on the tree and all decorated in red and white.

On December 12th we had our annual resident/family Christmas party. We had a beautiful assortment of food, sweets and Valley Sound to provide us with entertainment. Our residents worked very hard through the fall practicing with the hand bells in our bell choir. We performed for all of our guests at the Christmas party. One of the newer songs we learned was O'Canada. We had over 120 people guests for our Christmas party.

January 2018

The ACW (Anglican Church Women) hosted a special event at the villa.. They honored our Anglican residents with an ACW Anglican Church Roll of Honor.

February 2018

The activities department hosted our first annual "Sweethearts Supper. We had six couples join us for a lovely Steak supper.

