



ANNUAL REPORT

2018-2019







NASHWAAK VILLA

67 Limekiln Road, Stanley NB E6B 1E9
(506) 367-7731 info@nashwaakvilla.ca

MISSION STATEMENT

We provide nursing home services to individuals in a safe, homelike environment by ensuring their quality of life is as rich as possible.

We emphasize a warm, friendly atmosphere, as close to home as we can make it, where families feel welcome to come often and visit. We strive to maintain the dignity and individuality of each resident while meeting their physical, spiritual, psychosocial, and emotional needs.



PLANETREE



Nashwaak Villa Nursing Home

EXECUTIVE MESSAGE

As we look back over the 2018/19 fiscal year, we realize we have lots to be proud of and even more to be grateful for! This year, we continued to see the theme of community woven through the fabric of our organization in so many ways.

From within our Nashwaak Villa community of neighbors, family members and staff, and the greater community in Stanley, we saw the continued support for the concluding months of our bus campaign, which raised in its totality close to \$57,000 over 2 fiscal years. To say we have been inspired by the support we received to realize our dream for a bus does not seem adequate. From the beginning, we were in awe of the coming together of so many individuals and groups who gave support and were part of the campaign. This support, of course, came in the financial sense; but moreover the support of love and encouragement that came through from each and every corner of our community as we worked toward, and celebrated, the arrival of our new bus was equally profound. This community initiative has forever changed the quality of life for our neighbors for the better.

We also saw a continued strengthening of community for Nashwaak Villa on the provincial and international stage in 2018/19. We were honored to be selected as the recipients of the first ever 'Resident Centred Home Award' on a provincial level, through the New Brunswick Association of Nursing Homes, for our True Doors initiative. In addition, we were very excited to be selected from hundreds of applications to present our Intergenerational Programming Initiatives at the Planetree Conference in Boston, in front of professionals from all over the world. We also were proud to watch our very own Jesse Everett be recognized as a Planetree Scholar at the conference for his commitment to person centred care.

From the board's perspective, the year has been a busy one! Starting in the spring with the creation of a new 3-year strategic plan for Nashwaak Villa, and an unveiling of the plan at our AGM in September 2018. The board is very excited about the vision described in the Strategic Plan and looks forward to the community engagement on the many strategic initiatives to come in the next few years. Next, with a number of director vacancies going into the year, the board worked diligently to recruit and orientate new members to lead our dynamic organization. The work was also begun to update board committees and refine our meeting agenda processes, as well as our overall governance practices. There is still work to be done in the year ahead but we like to would thank all board members who work tirelessly and passionately to set the vision and support the operational team in achieving the goals set out within.

It was also energizing to watch as so many in our immediate community and beyond continued to embrace all of our many operational initiatives and projects for our neighbors and staff throughout the year (and there were MANY as you will see in the reports to follow!) with such enthusiasm and positivity. A few of the operational initiatives that we are especially proud of from 2018/19 are worthy of being mentioned in the executive report as they represent the collective efforts of so many individuals involved with our organization:

- Intergenerational programming, from our summer camp to our thriving after school program and many collaborations with local schools on special initiatives



Joanne Forbes
Board Chair



Daphne Noonan
Executive Director

- The continued improvements to our Mealtime Experience for neighbors and their loved ones
- Our resident Aromatherapy program and the many benefits it brings to our neighbors' emotional and physical health
- Transitioning to the insourcing of ALL laundry, including bed linens and towels etc. in addition to the previous offering of laundering neighbors' personal items.
- Implementation of the ITACIT internal communication tool for all staff, so that we may exchange crucial information in a timely manner.
- Our ongoing efforts toward achieving Planetree certification in 2019/20
- Achieving charitable status for the new Nashwaak Villa Foundation, and the beginning stages of operational activity for the foundation.

As we reflect on and celebrate another wonderful year in our organization's story, we as always feel passionately that we need to acknowledge the contributions of countless individuals and groups who are part of our Nashwaak Villa family. We are so happy that year after year, these folks are expanding exponentially in numbers and as our community grows, so does our strength and our potential. Not one individual or group goes unnoticed and every single connection to us makes a difference.

- To our neighbors and families; you are the reason we do what we do with such commitment and it is our privilege to provide care for each and every one of you in your home. We learn so much from the many wonderful relationships we form with you.
- The dedication, skill and passion illustrated time and time again by our staff to our neighbors' and families' care and well-being is what ensures that Nashwaak Villa is such a wonderful home, as well as a fantastic place to work – we truly have an amazing team and we are proud and honored to work alongside of them!
- To our wonderful board members and volunteers, and our generous donors and community partners, we want to thank each of you for your continued support, wisdom, ideas and contributions. So much of what we achieve as an organization is as a direct result of your efforts.

As we concluded the year, we marked a significant milestone in Nashwaak Villa's history, that is the anniversary of a special open house held in March of 1979 at 32 Limekiln Road. This open house was the first time Nashwaak Villa opened its doors to the public, in anticipation of the move-in of the new residents which would take place the following month, in April of 1979. SO, we ended a spectacular year in 2018/19 with an excitement building as we entered our very special 40th Anniversary year of becoming an organization. We hope that our many stakeholders and community members will look forward to celebrating with us in 2019/20, as we will have a few special surprises in store to mark our 40th birthday year.

NASHWAAK VILLA BOARD MEMBERS

Joanne Forbes, *Board Chair*

Barb Wilkins, *Director*

Roger Flynn, *Director*

Shirley Koch, *Director*

Karen Armstrong, *Director*

Linda Clarkson, *Director*

Barb MacDonald, *Vice-Chair and Village of Stanley Representative*

Brent Sansom, *Treasurer and Representative to the Nashwaak Villa Foundation Board*

Twila Ryan, *Director and Representative to the Nashwaak Villa Foundation Board*

Carol Wilson, *Helping Hands Committee Representative*



A MESSAGE FROM THE DIRECTOR OF CARE

Another beautiful year has gone by and I feel so blessed to work with caring people. I have developed confidence over the last year in my role as DOC and have enjoyed all the opportunities to learn and grow as a leader. This past year we have completed many projects such as revamping the admission process, developing an improved palliative care program, and our work towards Planetree Certification to name a few. One project that I am very proud to be a part of is Nashwaak Villa's commitment to caring for our caregivers, our wonderful staff. I believe that to enable our caregivers to provide person-centred care for our Neighbours and families, we need to provide opportunities to build resiliency, offer support and encouragement, and enhance the wellness of our caregivers.

As our expectations of our caregivers being person-centred increases, along with the expectation to know our Neighbours personally, opens us up to a bigger responsibility in caring for our caregivers. Providing person-centred care to our Neighbours and families opens the door to close emotional connections; our Neighbours and families truly become part of our NVI family. As the DOC, I understand and strive to be person-centred, not only with our Neighbours and their families, but also with our caregivers.

Over the last year I have been actively seeking opportunities for our caregivers to develop resiliency through our HeartMath pilot program; developing an understanding of the importance of supporting our caregivers through grief and loss, encouraging staff to write special thoughts of our Neighbours, who have left us, in the Memory Album provided by our Planetree Steering committee; and promoting overall wellness initiatives such as working with our Wellness committee in creating a Wellness room to promote physical and mental health. These are just a few of the things that Nashwaak Villa has been doing to provide care for our caregivers. I am very proud of the excellent work all our caregivers provide to our Neighbours, families and each other. Nashwaak Villa is a beautiful place to live and work due to the care and effort that our caregivers, volunteers, students, and families give. Thank you for all you do!

I am excited to see what the next year will bring as we build on all the wonderful things we have done over the past years. I thank each and every one of you who have supported me in my growth as DOC over the past year.

Sincerely,

Melody O'Neill
Director of Care

NASHWAAK VILLA INC.

Summary of Financial Position

March 31, 2019, with comparative information for 2018

	2019	2018
Assets		
Current assets	\$ 128,319	\$ 464,216
Long-term assets	8,113,664	8,377,465
	\$ 8,241,983	\$ 8,841,681
Liabilities, Deferred Contributions and Net Assets		
Current liabilities	\$ 1,123,615	\$ 871,882
Long-term liabilities	7,455,357	7,900,897
Net assets	(336,989)	68,902
	\$ 8,241,983	\$ 8,841,681

Summary of Operations and Changes in Net Assets

Year ended March 31, 2019, with comparative information for 2018

	2019	2018
Revenues:		
Residents:		
Subsidy - Department of Social Development	\$ 2,859,450	\$ 2,804,535
Private pay	94,666	74,608
Subsidized residents' share	564,210	559,933
	3,518,326	3,439,076
Interest, amortization, recoveries, and donations	194,313	135,465
	3,712,639	3,574,541
Expenses:		
Care services	1,315,119	1,311,901
Activity	69,996	76,100
Administration	437,539	410,706
Dietetics	383,274	370,519
Laundry and linen	7,945	24,756
Housekeeping	247,093	196,496
Plant operations and maintenance	478,605	459,793
Employee benefits	248,798	230,072
Amortization of capital assets	278,027	265,151
Interest on long-term debt	312,129	328,242
	3,778,525	3,673,736
Deficiency of revenues over expenses before the undernoted item	(65,886)	(99,195)
Donation	(340,005)	—
Deficiency of revenues over expenses	(405,891)	(99,195)
Net assets, beginning of year	68,902	168,097
Net assets, end of year	\$ (336,989)	\$ 68,902

STRATEGIC PLAN



**EMBODY A
PERSON-CENTRED
CULTURE**



**A ROADMAP FOR
GROWTH**



**A MODEL FOR
RURAL SENIOR
LIVING**



**FINANCIAL
SUSTAINABILITY
OPERATIONS & FOUNDATIONS**



**BUILD THE
SCORECARD AND
MEASURE SUCCESS**

STRATEGIC PRIORITIES



**EMBODY A
PERSON-CENTRED
CULTURE**

At Nashwaak Villa, the investment in adopting the Planetree philosophy and culture has been a high priority. Ensuring that the focus is about the culture that is created for our residents and staff and how we interface with our community. The focus of this priority over the next three years is to continue to the full adoption of the Planetree culture, **embodying a Person-Centred Culture that evaluates our environment and settings from the resident perspective**, ensures that all interaction enhances the personal and human experience, and augments how professional caregivers engage and interact with residents and their families.



**A MODEL FOR
RURAL SENIOR
LIVING**

Recognizing that operating in a rural community creates unique challenges and opportunities for both residents and staff, we are poised to use them to our advantage. Continuing with the work from our previous Strategic Plan, **we will leverage our current partnerships and outreach programs, build new relationships, and develop partnerships with like-minded individuals and organizations in our quest to become the Home of Choice for residents and staff alike**. These efforts will have a larger reach than strictly becoming a Home of Choice, they will result in improved recruitment and retention in all areas of staffing, increased and improved outreach programs, and potential new partnerships within the community of Stanley and beyond.



**A ROADMAP FOR
GROWTH**

A key to becoming the model for Senior Living will be **determining the best growth path for Nashwaak Villa**. Many scenarios have been discussed, however all options must be vetted to determine the option that enables Nashwaak Villa to achieve its strategic goals. Over this next strategic planning period we will embark on this growth journey through developing a roadmap for growth that outlines a thoughtful and researched 10 year plan. Initial first steps would include a **full environment scan and community needs assessment to gauge the community in its desire to transform to a community that enables seniors to age with options**. Armed with this information, steps can be taken to prepare a feasibility study for the identified options. Selection and implementation of specific growth options will be further along in the roadmap and may indeed expand into a future Strategic Plan.



**BUILD THE
SCORECARD AND
MEASURE SUCCESS**

As with all planning, it is critical to **implement tools that enable us to measure our success**. This priority will focus on identifying the areas of impact that will establish our position of Home of Choice for Residents and Staff, understanding the **key performance and quality indicators to be met**, and creating a plan to meet or exceed the expectations in all areas. Within this priority, processes will be developed to enable action on areas not meeting specified targets, as well as ways in which the successes are communicated to all internal and external stakeholders



**FINANCIAL
SUSTAINABILITY
OPERATIONS & FOUNDATIONS**

Financial sustainability remains a concern for Nashwaak Villa. It is currently stewarded with a skill and agility that cannot be easily replicated. Continued changes made by government to funding and staffing mix and operating in a rural area provide challenges that will continue to stretch funding resources. Facilitating financial sustainability will require ensuring **effective and responsible use of public funds and maximizing value, within a transparent and accountable policy framework**. Additionally, developing and executing on ways to increase **revenue through grants, donations, bequests and investments**. Building relationships will be a key part of increasing financial stability by being an advocate at the table with government (Social Development), continuing the work of the Foundation, and looking at the opportunity for strategic partnerships with like-minded organizations.



PLANETREE JOURNEY

The Planetree person centered care model continues to take root at Nashwaak Villa creating a positive environment for residents, family members and staff. The Planetree Steering Committee and Education Committee continue to lead change with guidance from the Planetree organization and the Nashwaak Villa leadership team.

PLANETREE EDUCATION COMMITTEE

The Planetree Education Committee is now in the maintenance phase of level 1 Planetree retreats. All staff have now completed the level 1 retreats, a day of education and interactive learning all relating to person centered care. The committee is now working to create a level 2 retreat designed with a focus on Caring for the Caregivers. This retreat will be implemented by our Education Committee starting in the summer of 2019. The education committee hosted the first Planetree Education session for family members this year and plans to continue these into the future for both family members and volunteers. During these retreats, Education Committee members began to introduce a new and exciting Care Partner Project which will continue to expand in the coming year giving family members an opportunity to play a more active role in the care of their loved ones.

PLANETREE STEERING COMMITTEE



The Planetree Steering Committee has continued to work on person-centered initiatives over the past year, most notable being the continued improvements to the dining experience at Nashwaak Villa. An open dining model was implemented such that supper is now served for two hours from 4:30 – 6:30pm rather than the previous 1 hour of service from 4:30 – 5:30pm, providing residents with more flexibility in their choice of mealtime. Additionally, to create a more home-like atmosphere, we initiated a tea and coffee station in the resident kitchen area on evenings and weekends. This is available to both residents and their visiting family and friends. An additional layer to enhancing the dining experience has been the addition of a hydroponic growing system which has allowed us to grow herbs and fresh vegetables throughout the winter months.



In addition to programs for our residents and families, the Steering Committee continues to work on programming for staff recognition including our Planetree Champion of the Month, Department Recognitions such as Nursing Week and Administrative Professionals day celebrations and most notably this year, the Staff Appreciation Event. In September 2018, the Steering Committee organized and hosted a gathering for all staff at Nashwaak Villa with food from the Mac Shack food truck, games, prizes and great company. The event was very successful and the committee is excited to organize a similar event in the coming year.

STAFF WELLNESS COMMITTEE

To further improve the staff experience, the Staff Wellness Committee planned several programs throughout the year including healthy recipe tasting, complimentary reiki sessions, yoga, pot-lucks, paint & sips, 12 days of Christmas activities, and a weight loss challenge to name a few. The committee also created a new fitness room for staff in an underutilized space equipped with a mix of second hand and new fitness equipment.



PLANETREE CONFERENCE



In October, 2018, eight members of the Nashwaak Villa team attended the International Planetree Conference in Boston. Attendees were able to take in several presentations and discussions furthering their understanding of person-centered care and four of the attendees presented on different projects taking place at Nashwaak Villa. Daphne Noonan (Executive Director) and Andrew MacFarlane (Landscaping/Maintenance) presented a poster on the very popular True Doors program at Nashwaak Villa. Rachel Reid (Activity Coordinator) and Jenna Whitlock (Community Development Coordinator/ Dietitian) presented a poster on the Music Therapy Program as well as a breakout session on Nashwaak Villa's Intergenerational Program. In addition to these accomplishments, one staff member and long-time volunteer Jesse Everett was awarded the Planetree Scholar award for his dedication to Nashwaak Villa and person-centered care.



HELPING HANDS COMMITTEE MEMBERS

April 1st, 2018 –
March 31st, 2019

Caroll Dunphy, Committee President
Irene Colford, Committee Vice-President
Carol Wilson, Committee Treasurer
Sandra MacBean, Committee Secretary
Peggy Anderson
Heather Logan
Heather Thomas
Steve Everett
Nancy MacFarlane

Lee Isaacson
Doug Bird
Nancy Gill
Betty MacGillvary
Bev Pinnock
Stella Bartlett
Nancy Roberts
Lorna Pinnock
Debbie Lacey

The leadership and hard work of the Helping Hands group continued to amaze us this year and are so blessed for the countless examples of their support to our home that we see on a daily basis. The tireless commitment of this group is so very special as they:

- Keep the Gift shop open from 10am-4pm, Monday through Friday, and throughout the evening on Special Event days.
- Sell tickets and holding a monthly draw on a number of beautiful gift baskets, often themed for the season;
- Co-lead, along with the Nashwaak Villa board, the annual Christmas Tree Campaign;
- Engage in 1:1 visits with our residents while working in the gift shop, playing cards & board games or reading, and simply visiting with residents.



Over the 2018/19 fiscal year, this wonderful group continued to provide a tremendous amount of support and focus as we wrapped up the Nashwaak Villa Bus Campaign.

Of course, they did not stop there! In addition to supporting the bus campaign, the Helping Hands group also provided funds to support a number of initiatives in 2018/19, and our residents have benefitted tremendously from their work through the following projects that they have funded, including:

- Contributing \$2000.00 to our Music Therapy Program's annual costs.
- Sponsoring registrations for children in need to attend the Nashwaak Villa summer camp, an important program that contributes to our residents' well-being.
- Providing funds for certain residents in need for personal care items such as hair care
- Replenishing of iPods for residents' needs.



Our gift shop is open from 10am-4pm, Monday through Friday, and we have debit available. For those who have been in recently, you may have noticed the wonderful new display case that was purchased to allow for the many beautiful items to be showcased! They carry many great items that could be used for gifts such as the 'ever-popular' Salt Lamps, as well as soaps, jewelry and other items made by creative local business owners from the Stanley area. We would encourage all community members to stop by and visit to see these wonderful volunteers in action!



In 2018/19, we were grateful for the dedication and support of our Helping Hands committee. This group of dedicated volunteers add so much to our home, not only through their fundraising efforts to raise funds to improve our residents' quality of life, but also by being here every day interacting with our residents, visitors and staff. It is such a pleasure to see their smiling faces at the gift shop when arriving at Nashwaak Villa. We are truly grateful for their generosity and thankful for them each and every day.



MUSIC THERAPY REPORT

We were once again blessed this year with the regular services of a wonderful Music Therapist, Megan Mollins, from Arpeggio Music Therapy. The music therapy program is one that benefits 100% of the residents at the Villa, either through group programs or 1:1 sessions. We are continuously amazed at the wonderfully heartwarming results from this program.

Some highlights from the year:

- The intergenerational choir group started after Christmas and worked with MT and Pam Spilman practicing songs for the bus celebration at the fair grounds. The children and residents met three times per week for practice. Megan also worked with the group on her visiting days at the villa.
- Every Friday over the summer "The Villa Grammy Awards". The music therapist will come in on Friday mornings and work with the children to plan and prep a talent show for the residents. They have done different songs as groups, individuals, danced, skits and plays. Also, some children would play different instruments.

- During the holiday season we continued with the choir group, the children also joined a few times a week. We practiced different holiday songs and performed in front of all our friends and family members at our annual Christmas party event.
- The fun and fitness program which residents are working to improve their fine and gross motor abilities in different regions of the body. Exercises are tailored by the music therapist to suit the needs of the residents participating in the group. Staff members and family members have also joined our group activities.
- Music Jeopardy and music Pictionary are both activities that are designed to aid in increasing cognition through memory and are designed to fit the needs and preferences of both residents and junior volunteers/campers. This intergenerational approach promotes socialization for both the residents and the children.

Each music therapy session is tailored to the residents musical preferences. By incorporating the residents' favorite music, the therapist gives opportunity for the residents to participate in reminiscent dialogue. This engages and stimulates long term memory recall and has potential for connecting past memories with current events.

PROGRAM HIGHLIGHTS

It seems next to impossible to capture all of the things we do at the villa in the run of a year. We have daily programs as well as special events and lots of other ongoing initiatives that keep us busy. Whatever we are doing, you can be sure that we are having tons of fun while we are at it!!

THE BUS!

April 10th, 2018 our brand new, 16 passenger bus rolled into Nashwaak Villa. Right off the bat, 7 residents with staff members and family members were able to go for a short drive that morning. Many were able to get off and on the bus to check it out. It was a very exciting day and in the past year, the bus has certainly changed the lives of our residents for the better!

Our first big outing was a trip to the Nashwaak Valley School for their spring assembly. Eight residents attended this assembly, the students greeted us at the front doors. We ended the assembly with an ice cream party. From that point on, we have travelled many miles with the bus and had lots of wonderful adventures....everything from lunch outings, to drives to see the fall leaves and Christmas lights, and just a ride around the block and for an ice cream at the MacShack....we are so blessed to have our residents be able to connect back with their community in so many ways with our new bus!



PEN PAL EXCHANGE

In April we started a new program, our Pen Pal Exchange. This is a world -wide program in which different nursing homes from all over the world exchange letters monthly. To date we have 42 nursing homes that write to us. These places include, England, United Kingdom, Australia, and all through the United States, including one home from Drumright Oklahoma that we have started face timing with monthly. At Christmas time we were able to give each other tours of our facilities all decorated up for Christmas. Our friends from the US couldn't believe how much snow we already had!

2017



2018



PET THERAPY

Our love of visits and from our 4-legged friends continued this year. Our weekly pet visits from Ann and "the boys" (Warwick and Bromley), as well as Jess and Macey continued throughout the year. In addition, we had a few special visits from Angela King with her dogs Ruby and Amber as well as her beautiful puppies "the doodles". And of course, our resident kitties, Callie and PJ continue to make us laugh with their antics!



INTERGENERATIONAL PROGRAMMING

Summer Camp

We held a total of 4 different weeks of camp, each with its own theme. We had 34 children attend the camp. As usual, our camp was well supported by a team of excellent summer students who worked full time throughout the summer.

2017



2018



Junior Volunteer Program

Our successful Junior Volunteer 'After school program' continued from September through June. We have a total of 17 junior volunteers who come Monday through Thursday after school from 3:30-6pm and spend quality time with our residents either doing 1:1 visits, or playing games or working on special projects. We are blessed to have 2 wonderful junior volunteer coordinators, who are senior high school students, to supervise the juniors while visiting.



RESIDENT FIREPIT

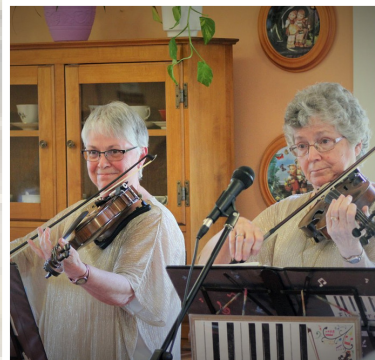
We were extremely excited as we watched Andy install our new fire pit in august of 2018. This fire pit is available for use by the activity department for special programs, as well as for family members and residents to book for independent use. The only hard part of this initiative is that we often find ourselves 'patiently waiting' for a good day to have a fire! ☺



SPECIAL EVENTS & DAY TO DAY LIFE AT THE VILLA

MOTHERS DAY

Our annual Mothers Day Tea Party was a huge hit. We had the ladies from Fiddlers Fancy provide us with some lovely entertainment. We had 155 guests join us for the celebration.



NASHWAAK VILLA MEMORIAL SERVICE

Another big event was our Nashwaak Villa Memorial Service. We honored 18 of our friends who had passed on in the 2018 year with a beautiful memorial service, a candle lighting and first ever balloon release.



FATHERS DAY

In June we celebrated Father's Day with a baseball themed BBQ. We had 100 plus in attendance.



Of course we spent the better part of December preparing and celebrating the holidays with many special events, both big and small. This is always such a magical time at the villa, and we love seeing our residents' smiles as they meet the many family members and visitors who are dropping in over the holidays!



COMMUNITY SUPPORT

We could never achieve the many initiatives that improve our residents' quality of life without the countless hours of contributions given by our loyal volunteers from our community. Throughout the year, we have many volunteers who work to provide the following programs:

- Baking & pickling
- Knitting
- Church services
- Musical entertainment
- Bingo!
- Resident Outings
- Birthday parties



We were very proud to come together in the fall of 2018 to acknowledge and celebrate the efforts of our program volunteers and the helping hands group at our annual volunteer appreciation luncheon. In addition to lunch, the volunteers were treated to a presentation by Rachel Reid & Jenna Whitlock on the Intergenerational programs at Nashwaak Villa.

FUNDRAISING AND COMMUNITY ENGAGEMENT

We are very honored that year after year, we are continually seeing such wonderful support and engagement from our community in so many ways, both through donations and participation in fundraising and special events on behalf of Nashwaak Villa. Many people may not realize that while we do receive some government funding for our operations, there are many initiatives and items that contribute greatly to the quality of life of our residents and the well-being of our staff and volunteers, but are not funded by the government. So, we rely greatly on this overwhelming support in our fundraising initiatives. THANK YOU!!!

BUS CAMPAIGN

Residents at Nashwaak Villa had large smiles on their faces on Tuesday, April 10, 2018 when the much-awaited Bus rolled in the driveway. Reverend Canon Bonita Leblanc was present to bless the bus before an eager group of residents, family members, and staff went on an inaugural drive up the Limekiln Road.

After a very successful fundraising campaign the previous year, the momentum of the campaign continued after the buses arrival:

- The Nashwaak Curling Club donated over \$6000 raised through their Chase the Ace fundraiser.
- The Helping Hands committee of Nashwaak Villa received \$2000 from the 100 Women Making a Difference group of Stanley. This group of caring women donate \$100 each throughout the year and divide the funds raised between 4 – 5 deserving community groups.
- A dedicated team of Nashwaak Villa staff and volunteers raised nearly \$3500 towards the bus by hosting the canteen at the Stanley fair offering hot meals and baked goods throughout the three days of the fair.
- The Stanley Golden Age Club raised over \$1200 through ticket sales on a beautiful quilt that they raffled off in the fall of 2018.
- Individual donations continued to arrive right up until the end of 2018, bringing the grand total raised for our bus within our community and beyond to nearly \$57,000



Donation from the Nashwaak Curling Club.



Stanley Golden Age Club

To mark the great achievement of purchasing the bus, Nashwaak Villa hosted a sold-out celebratory event at the Stanley Fair grounds featuring a specially prepared meal, guest speakers and musical entertainment. Nashwaak Villa residents in attendance arrived in style in the brand new bus with bright smiles. The event featured well - known singer/songwriter and public speaker, Dave Carroll and Karen Flam, Director of the Donald Berman Maimonides Geriatric Centre Foundation in Montreal. In addition, guests were treated to a special performance by Nashwaak Villa's intergenerational choir singing "The Wheels on the Bus". The event was a wonderful way to celebrate the end of a very successful campaign and was enjoyed by all who attended.

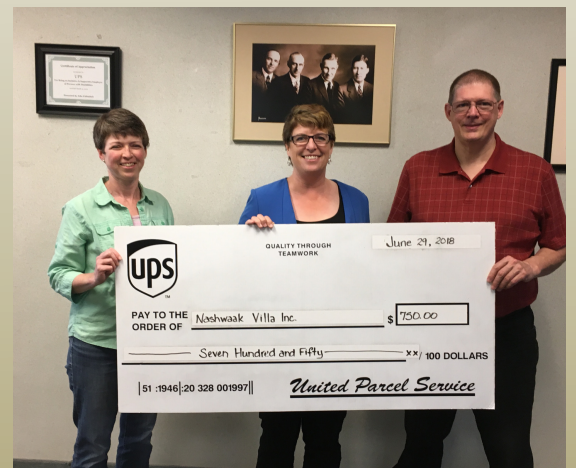


FUNDRAISING INITIATIVES

GRANTS

This year, Nashwaak Villa received two community grants to help fund our music therapy program. Through the Fredericton Co-op Community Fund Nashwaak Villa received \$5,000 to help continue this wonderful music therapy program. We were also very fortunate to be selected to receive \$4,975 from the Fredericton Community Fund towards this program. Both of these grants will help us continue to bring music to our residents week after week from a Certified Music Therapist allowing us to continue to grow the intergenerational choir and see the many benefits music therapy can provide to our residents.

Additionally, with the help of a \$750 grant from UPS Fredericton, we were able to purchase a new outdoor dining set. This generous gift allows for more outdoor BBQ's and outdoor seating during the summer months.



CHRISTMAS LIGHT CAMPAIGN

We raised close to \$2500 through our annual Christmas light campaign, which is supported year over year from our community. Thank you so much!!!



FUNDRAISERS AND HELP FOR ACTIVITY DEPT

We could never possibly manage to hold all of the wonderful special events and programs at Nashwaak Villa without the help of a dedicated team of volunteers who are always ready to lend support for the fundraising efforts for this department. A huge thank you to all our wonderful volunteers who help in any way possible. To everyone who helps with fundraisers, volunteering with special events, helping out with bingo, bus drives or any of the exciting programs happening at Nashwaak Villa. We appreciate everything you do for us!

PRESERVES

We made over 50 dozen preserves, pickles, chow chow and salsa. We roughly brought in \$2200 from this wonderful initiative....and sold out of everything! Be sure to get on our list for fall of 2019 as our delicious goods sell very fast! ☺



FALL BREAKFAST

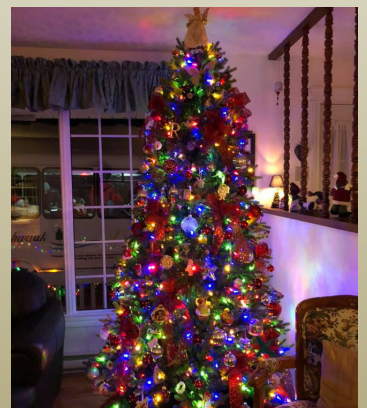
We raised over \$2700 at our annual fall breakfast event!

CHRISTMAS TOUR

Our second annual Christmas tour throughout the villa raised over \$500 and also allowed us to celebrate the holidays with local community members and show off our beautifully decorated building.

WINTER SOUP FUNDRAISER

We raised over \$400.00 once again this year!





SPECIAL ACHIEVEMENTS

We were excited to receive 2 special provincial honors at the AGM for the Nursing Home Sector in May of 2018. Nashwaak Villa was the recipient of the first-ever 'Resident Centred Home' Award, which was in recognition of our True Doors program. In addition, we were one of a number of homes in the province to receive the Executive Director's Award of Excellence from the New Brunswick Association of Nursing Homes as an acknowledgement of our participation in the anti-psychotic reduction research project.



Executive Director Award of Excellence acceptance.



Resident centred home award acceptance.

Nashwaak Villa

